

	7	Strength and skill	17
7.1		<p>Caber Toss (HG)</p> 	
7.2		<p>Castells</p> 	
7.3		<p>Chase & Tag</p> 	
7.4		<p>Four Man Carry (EIG)</p> 	
7.5		<p>Giza Abere (HK)</p> 	
7.6		<p>Harri Jasotsea (HK)</p> 	
7.7		<p>Ingude Altxatsea (HK)</p> 	
7.8		<p>Lasto Botatzea (HK)</p> 	
7.9		<p>Lokotx Biltzea (HK)</p> 	
7.10		<p>Parkour</p> 	

World List / Alternative Sports Games

7.11	Powerlifting	 A photograph showing two individuals, a man and a woman, performing a powerlifting exercise. They are both wearing orange safety vests and are lifting a barbell together. The background features a banner with the word 'JUDO'.
7.12	Sheaf Toss (HG)	 A photograph of a person in a dark shirt and shorts performing a sheaf toss. They are standing on a grassy field, and a large sheaf of hay is suspended in the air above them. A crowd of spectators is visible in the background.
7.13	Slackline / Highline	 A photograph of a person in a red shirt and grey shorts performing a slackline. They are balancing on a thin wooden beam stretched between two trees. Another person is visible in the background.
7.14	Stick Pull (EIG)	 A photograph of two people performing a stick pull. They are sitting on the ground, facing each other, and pulling on a long wooden stick that is attached to their hands. They are wearing red and orange shirts.
7.15	Tug-of-war	 A photograph of a group of people performing tug-of-war. They are sitting on the ground, facing each other, and pulling on a rope. They are wearing white shirts and shorts.
7.16	Txinga Eramatea (HK)	 A photograph of two people performing Txinga Eramatea. They are standing on a green mat, and one person is holding a long wooden stick. They are wearing red and blue shirts.
7.17	Zurkhaneh	 A photograph of two people performing Zurkhaneh. They are wearing red and blue shirts and are holding long wooden sticks. They are in a dynamic pose, with one person's stick raised high.